



New Year Personal Training Specials

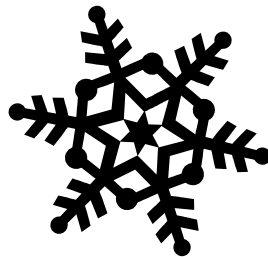
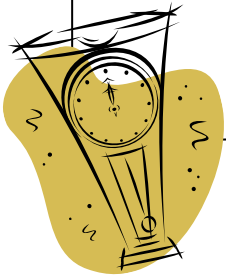
New Year Starter Pack: Initial Consultation and 3 Training Sessions

\$199

*Initial Consultation includes baseline measurements and thorough orthopedic evaluation with both a physical therapist and a personal trainer

*All sessions are 1 hour

Savings of \$81!



Workout Partner Pack: Initial Consultation and 3 Training Sessions

\$159 (per person)

*Initial Consultation includes baseline measurements and thorough orthopedic evaluation with both a physical therapist and a personal trainer

*All sessions are 1 hour

*Must sign up with a workout partner

Savings of \$46 per person!

Gift Certificates

Available!!

